



**Reiki Therapy**  
*Wonderful healing for unsettled babies*

We at Bellacroft are a family of healing practitioners that deeply values the sanctity of life. We are recognised as an organization guided by sound principles.

We are respectful of others. We embrace the richness of alternative cultures, viewpoints, ways and faiths. We strive to be ethical in the way we do things.

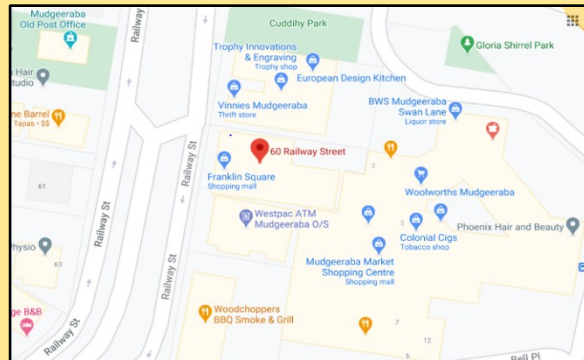
We feel an intuitive connectedness with all. We live our lives based on love, compassion, integrity and benevolence.

We accept that, given the right balance of natural foods, clean water and an uplifted environment – and with love – that self-healing is the most effective way of maintaining the best health possible.

We seek higher guidance and direction with our decisions and recognize this is the source of all healing and balancing.

# Bellacroft Gold Coast Wellness Centre

Health and healing services  
for children



## BELLACROFT GOLD COAST WELLNESS CENTRE

Shop 1B 60 Railway St  
Mudgeeraba QLD 4213  
0403 285 620  
bellacroft.com.au



# Bellacroft Gold Coast Wellness Centre



Health and Healing Services  
for your children





## HELP AT LAST FOR BUSY MUMS AND DADS

How is your little one? Unsettled, not sleeping well, not eating as usual, unhappy? We understand children are going through massive changes around them – changes in the world, changes in their friends, changes in their body.

The Bellacraft Gold Coast Wellness Centre has many services dedicated to children and is ideal for busy mums and dads. We help you and the children more than cope better, but to thrive! We have trained specialists who know and understand children – and of course have brought up their own. We get to the source of the problem.

We help:

- ❖ Children settle and sleep with light and crystal therapy
- ❖ Improve their growth by reviewing their diet
- ❖ De-stress with gentle massage
- ❖ Settle upset tummies with aroma therapies
- ❖ Release upset and trauma they have been secretly carrying

We give you methods and techniques for the children that are gentle, practical and easy to do.

You will be amazed at the results!

### LACK OF FOCUS AND CONCENTRATION

ADHD and other neurodivergent conditions. Release the blockages and congestion in the energy meridians and free up the nervous system.

Nutrition Review

Reiki Meridian Rebalance \$50 for 45 min

Scalar Lounge

### IRRITABLE, MOODY AND EASILY UPSET

Unresolved emotions and needing to be heard and understood.

Kinesiology \$75 for 45 min

Relaxing Meditation Massage

### ANXIETY, NOT SLEEPING

We have effective ways to reduce anxiety.

Scalar Lounge

Nutrition Review

Kinesiology

### FOR BABY AND TODDLERS

Help the little ones settle. Clear chronic conditions. Rebalance them with beautiful tuning fork harmonies, Spectra-chrome Gentle Light, Reiki loving and warm hands-on-healing or Aroma Therapy subtle aromas.

\$10 for 10min

### BEST VALUE – DRUG FREE HEALING

Rife Frequency healing for colds, flus, tonsillitis, ear infection and more. Red light frequency healing for sprains and bruises

\$15 for 15min

### GROWING PAINS

Encourage blood flow through growing muscles. Releases tension too.

Massage \$95 for 60min

Effective Reflexology \$70 for 30min

### NOT DOING WELL AT SCHOOL

Nutrition Review Power brain food and herbs

Focus learning kinesiology \$75 for 45min

Brain Gym

### PUSHING THE BOUNDARIES

Teenagers often find life is at a turning point. Help them and you cope with a growing diet focused on the needs of teens whose bodies are changing as fast as their attitude. Talk to us for some ideas.

### FOR PARENTS

Take a break with Scalar Lounge \$95 for 60min

Massage or Reflexology \$95 for 60min

Kinesiology \$100 for 60min



*Bellacraft Wellness Centre in historic Mudgeeraba set in the Gold Coast hinterland*